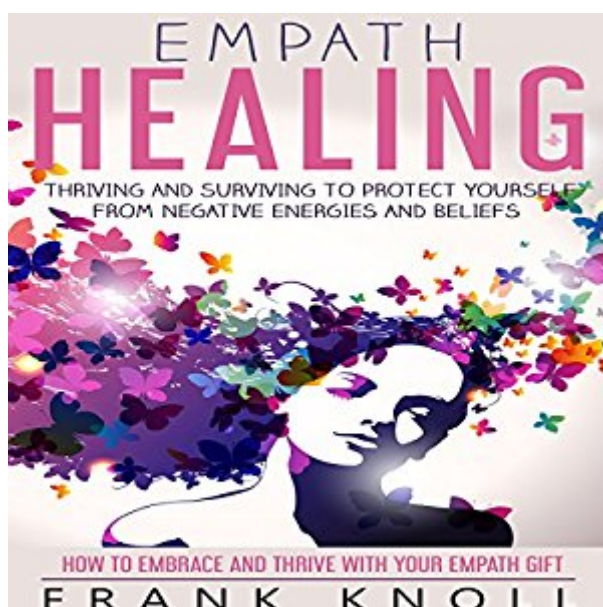


The book was found

# Empath Healing: Thriving And Surviving To Protect Yourself From Negative Energies And Beliefs: How To Embrace And Thrive With Your Empath Gift



## Synopsis

Empath Healing: Thriving and Surviving to Protect You from Negative Energies and Beliefs. Are you interested in how you can increase the joy and happiness in your life? Are you currently looking for a way to change your life from within? Are you wondering why your mind continues to change as you meet new people? In this audiobook, it will provide all that and more. How to enhance your life, develop your psychic abilities, and your intuition as an Empath. Aim to discover your hidden potential within that you have at all times. These abilities are hidden, and with this audiobook, you will learn and be able to move forward to strengthen these abilities, to achieve an amazing life. Here is what you will get with this audiobook: Great Empaths throughout history. You're in great company! Common traits of an Empath Surviving emotional vampires. Understanding a Psychic Empath. Shielding and clearing your energy. Empaths have a rare and special gift. They are unique, intuitive, creative, and most of all, they have the ability to feel what others feel. They are also highly psychic. They can communicate with nature and animals, and receive information from various objects. Many of them can sense the past, present, and future states of the environment and the people in it. However, in exchange for these remarkable traits, many empaths suffer from too much negativity, and find it difficult to cope with their empathic abilities. Plus a free bonus challenge Why should you be interested in this book? This guide also coincides with a consistent meditation practice that combined, can greatly benefit the practitioner. Experience a new and higher way to live life to its fullest daily. This audiobook isn't teaching dogma, or telling you something is good or bad for that matter, but it is a practical guide to help use the forces that you can't see, to improve your life.

## Book Information

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#1568 in [Books > Audible Audiobooks > Religion & Spirituality > New Age & Occult](#)

## Customer Reviews

This book helped me understand and embrace who I am. Very interesting. I read it very quickly and was disappointed it was so short. I would love to learn more.

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